

Wedgies and Bullying 101

Origins of the wedgie:

- Cartoons
- Mainstream TV shows and movies
- School initiation / hazing (jock and geek)
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Mainstream movies and TV shows with wedgies:

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Appeal / attraction to wedgies:

- Domination
- Bullying
- Humiliating
- Exhibitionism - people watching, getting caught in public.

Underwear for getting wedgies

- Briefs
- Boxers
- Speedos
- Boxer briefs
- Panties
- Jockstraps
- Thongs
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Wedgie Communities:

- Wedgiehaven (obsolete)
- Wedgiebuddies.tk.
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Consent:

Always ask before giving someone a wedgie (unless they have a “wedgie me” sign on their back or waistband).

Questions:

What interests you about wedgies?

What was your first wedgie experience?

Types of Wedgies:

- **All Around Wedgie:** Have everyone take a side of the victim's underwear (one or two hands in the front, back, and sides). Then all pull up at the same time.
- **Atomic Wedgie:** When the victim's underwear is pulled up so high that it either goes over the victim's head or it rips completely off.
- **Backward Wedgie:** A wedgie where the victim has their underwear on backwards. This way the underwear is more like a thong.
- **Blast Wedgie:** The victim is wedgied with no pants on so their butt is completely exposed. Then water is shot directly at their butt, usually by a hose or water gun.
- **Bouncing Wedgie** (aka Kangaroo Wedgie): The victim is given a wedgie and then bounced, if you can't bounce the victim then just start jumping.
- **Chair Wedgie:** When the victim is sitting in a chair with a back, give the victim a wedgie. Once the underwear is high enough, hook it over the top of the back of the chair.
- **Conga Wedgie:** Stand behind your victim and hold onto their underwear, then have someone come up behind you and hold your underwear. Keep up this pattern until everyone who wants to participate is in line. If you have enough people, make a circle!

Dangling Wedgie: A wedgie usually given by more than one person or somebody who is able to lift another person. When you give the wedgie, pull the victim onto their tiptoes. They should be able to touch the ground but just barely.

Dragging Wedgie: When the victim is on the ground, grab their underwear and run.

Fireman's Carry Wedgie: If you're ever laid over the shoulder of a person (facing their back) grab their underwear and give them a wedgie.

Forklift Wedgie: A group wedgie when two or more people grab a victim's underwear and lift them off the ground. Typically done fast to add to the power of the two people pulling.

Front and Back Wedgie: The victim is given a wedgie from the front and back at the same time.

Frontal (aka Melvin): The same as a normal wedgie except you pull up the front of the victim's underwear instead of the back.

Gang Wedgie: This is when there is more than one person wedging the victim at any given time. A gang wedgie can include any type of wedgie (hanging, atomic, messy, ect)

Grounded Wedgie: A wedgie where the victim can't leave the ground no matter how hard you pull on their underwear (Stand on the victim's feet and wedgie them).

Hanging Wedgie: When the victim is wedgied and has their underwear hooked onto something high up. The victim should be completely off the ground hanging only by their underwear.

Coat Hook Wedgie: Give the victim a wedgie and lift them onto a set of coat hooks, one for each leg hole. Hanging by the leg holes keeps the victim stuck longer.

Fence Wedgie: Give the victim a wedgie and lift them onto a tall fence. Metal and wooden fences can be used, the ideal way is to get the boards or bars through the victim's leg holes.

Flagpole Wedgie (aka Patriotic Wedgie): Give the victim a wedgie then attach their underwear to the rope of a flag pole. Hoist the victim up and tie off the other end.

Tennis Ball Wedgie: Give the victim a wedgie then pull the back of their underwear through the fence. Once you have the victim's waistband through the hole, place a tennis ball inside then twist the underwear and release.

Jock Lock Wedgie: When the victim is lying face down on the floor give them a normal wedgie until the leg holes are showing. Next grab their feet and bend their legs back so their feet are by their butt. Finally loop the leg holes over the ankles.

Hogtied Wedgie: Put the victim's arms through the back of their leg holes and tie their wrist back.

Messy Wedgie: Put any kind of messy substance down the underwear (such as bananas, whipped cream, chocolate syrup, marshmallows, etc.) and then give them a wedgie.

Chilly Wedgie: Put ice or snow in the underwear.

Birthday Wedgie: cake and/or ice cream put in the underwear. If you want to go further, after giving the victim a wedgie have them lay on their stomach then stick a candle between their butt cheeks.

Multi-layered Hanging Wedgie: This is a hanging wedgie but with multiple pairs of underwear on.

Normal Wedgie: Reach down the victim's pants, grab their underwear, and pull up.

Pantsing Wedgie: First the victim is pantsed (their pants are pulled down to their ankles). When they bend over to pick up their pants you get behind them and wedgie them.

Permanent Wedgie: Take off the victim's shirt and give them a frontal and normal wedgie. Take a thin piece of string (like a shoelace) and thread it through the front of the leg holes (the string should be coming out an equal distance from each leg hole). Next pull the ends of the string over the victim's shoulders and tightly tie them to their back leg holes. With their wedgie secure make them put on a shirt to hide it and go see a movie or to the store. Just make sure you ask them to reach anything high up or get anything that falls on the floor.

Pile Driver Wedgie: The victim faces you and you put the victim's head between your legs. Reach forward and pull their underwear up their back. They'll get stuck, unable to move forward or move back. Be careful not to squeeze your legs around their neck.

Propeller Wedgie: A straight item (like a baseball bat, hockey stick, broomstick, etc.) is threaded through both leg holes (can be in the front or back). Then you turn the straight item in one direction, the underwear will quickly work its way into the victim's butt and tighten all the way around.

Rowing Wedgie: With the victim lying on the floor (face down or face up), sit yourself right above their head and place the soles of your feet on their shoulders. Reach forward and grab their underwear then act as if you were rowing a rowboat.

Scarecrow Wedgie: You will need a long stick (like a broom) and for your victim to be wearing a long sleeve shirt. Give the victim a normal wedgie and pull it high enough so that

the leg holes are just below armpit level and underneath the shirt. Next thread the broomstick through one of their sleeves, when you get to their back you need to thread the broomstick through both leg holes, lastly thread it through the next sleeve. When you're done the victim's arms should be up like a scarecrows' and their underwear stuck. If you use something like tape or a stick that is just short enough to have the sleeves hang over the ends, this can be an incredibly hard wedgie to get out of (next to a hanging wedgie or hogtied wedgie).

Self Wedgie: You give yourself the wedgie.

Shoulder Wedgie: The underwear is pulled so high that the leg holes are able to go over the victim's shoulders (the underwear will look like suspenders).

Side Wedgie: Instead of pulling up at the front or the back, grab a side of the victim's underwear and pull up.

Slide Wedgie: When your victim is sitting at the top of a slide grab their underwear and push them down the slide. They won't get far if you keep a grip on their underwear. For fun you can pull them back up and push them back down again. If you think you can take it a step further, try tying a rope to the victim's underwear and then pushing them down. They'll be stuck halfway down the slide and if they manage to get off to the side they'll still have the rope attached to their underwear that will catch them as they fall.

Snuggie Wedgie: Give the victim a wedgie in the smallest underwear they can possibly wear.

Squeaky Clean Wedgie: First give the victim a wedgie (normal or frontal). If you are working with someone else, let them pull up on their end. This back and forth motion makes the underwear slide between the victim's legs (through the butt and over or into the front).

Suspenders Wedgie: Take a pair of suspenders and attach the clips to the waistband of the underwear instead of the pants.

Wedgie Cuffed: After given a wedgie, put the victim's hands down the back of their underwear and out of the back leg holes. Now tie their hands together so they cannot try to get out without giving themselves a wedgie.

Wedgie Hug: Walk up to your victim and give them a hug. Once your arms are around them, dig down into their pants and give them a wedgie. The upside to this is that you can squeeze your arms tight and trap the victim in the wedgie. The downside is that the victim can also reach into your pants and give you a wedgie, this is called a Double Wedgie Hug.

Wedgie Locked: Give the victim a wedgie then hook the lock through their leg holes and an elevated bar, like a chain link fence. Once you close the lock the victim has no way of getting free besides having their underwear ripped.

Wedgie War: A wedgie battle won by a set of limits (first in an atomic loses; first to tap out loses, etc.).