

## **Mia Action**

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## **Erotic Disgust: Class Outline**

### **1. Domains of Disgust**

- a. Define Disgust
- b. Methodologies
  - i. Core, Animal Reminder, Contamination (sympathetic magic)
  - ii. Pathogen, Sexual, Moral

### **2. Disgust as a part of the human condition**

- a. Prejudice/Control/Exclusion
  - i. Structural- enforcement of social norms and moral persuasion
  - ii. Disgust and punishment of transgression/antisocial acts
- b. Shaming as a form of ingroup bonding and cohesion
  - i. Social Cesspool of disgust
  - ii. Shame-disgust turned inwards

### **3. Overlaps with Sexuality**

- a. Love/hate relationship

### **4. Disgust Fetishes**

- a. A form of sexual desire in which gratification is achieved through eliciting a disgust response.
- b. DSM/ICD
  - i. Limitations of studying erotic disgust solely in forensic & clinical environments
  - ii. Traumatophilia (Saketopoulou)
- c. Disgust and shame- psychosexual bedfellows
- d. Qualities
- e. Why?
- f. Stereotypes- yes AND...
  - i. Mental illness/trauma/self harm
  - ii. Antisocial behavior
  - iii. Spectrums and protective factors

### **5. Storytime! “case studies”**

- a. Shit eating, bug chasing, human garbage, genital mutilation, exposure

### **6. The Problem with normalizing sexual disgust**